

# THE RANCH

Nutritional Information Panel  
for homemade beverages

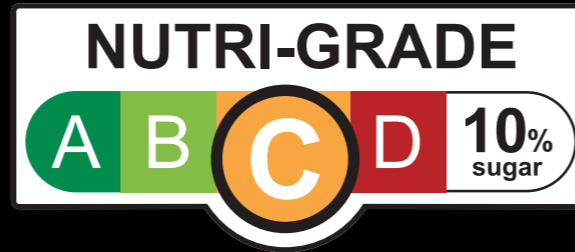
# Lime Juice



Nutritional Information Panel			
	Per serving	Per 100ml	Unit
Energy	79	41	kcal
Protein	0	0	g
Carbohydrate	20	10	g
Total Sugar	17	9	g
Fat	0	0	g
Saturated Fat	0	0	g

\*Images for illustration purposes only

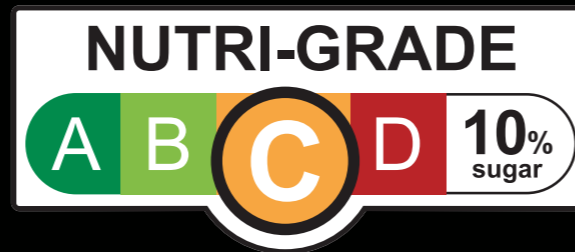
# Orange Juice



Nutritional Information Panel			
	Per serving	Per 100ml	Unit
Energy	98	51	kcal
Protein	1	1	g
Carbohydrate	23	12	g
Total Sugar	19	10	g
Fat	0	0	g
Saturated Fat	0	0	g

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# Pineapple Juice

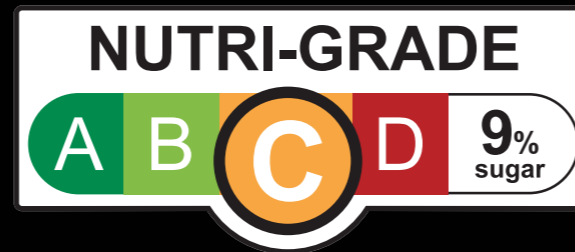


## Nutritional Information Panel

	Per serving 373ml	Per 100ml	Unit
Energy	81	42	kcal
Protein	0	0	g
Carbohydrate	19	10	g
Total Sugar	19	10	g
Fat	0	0	g
Saturated Fat	0	0	g

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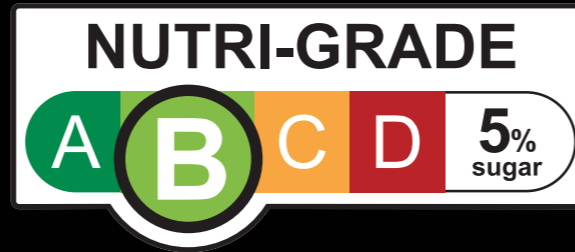
# Cranberry Juice



Nutritional Information Panel			
	Per serving	Per 100ml	Unit
Energy	76	40	kcal
Protein	0	0	g
Carbohydrate	19	10	g
Total Sugar	17	9	g
Fat	0	0	g
Saturated Fat	0	0	g

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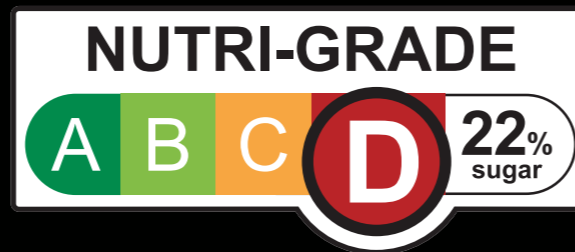
# Watermelon Juice



Nutritional Information Panel			
	Per serving	Per 100ml	Unit
Energy	48	23	kcal
Protein	0	0	g
Carbohydrate	11	5	g
Total Sugar	10	5	g
Fat	0	0	g
Saturated Fat	0	0	g

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# Passion Fruit Juice



Nutritional Information Panel			
	Per serving	Per 100ml	Unit
Energy	253	123	kcal
Protein	2	1	g
Carbohydrate	61	30	g
Total Sugar	46	22	g
Fat	1	0	g
Saturated Fat	0	0	g

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# Passion Fruit Booster

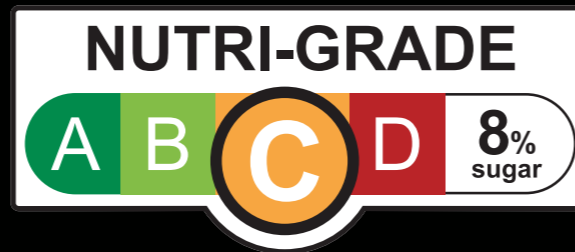


## Nutritional Information Panel

	Per serving	Per 100ml	Unit
Energy	157	76	kcal
Protein	3	1	g
Carbohydrate	38	18	g
Total Sugar	23	11	g
Fat	1	0	g
Saturated Fat	0	0	g



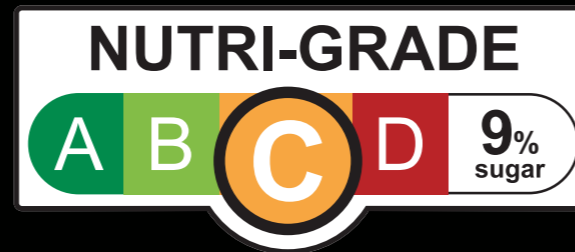
# Watermelon Hydrator



Nutritional Information Panel			
	Per serving	Per 100ml	Unit
Energy	68	35	kcal
Protein	0	0	g
Carbohydrate	17	9	g
Total Sugar	15	8	g
Fat	0	0	g
Saturated Fat	0	0	g

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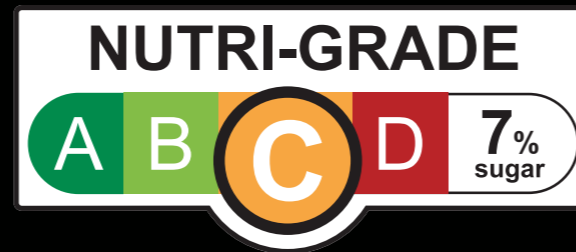
# Hot Chocolate



Nutritional Information Panel			
	Per serving	Per 100ml	Unit
Energy	201	99	kcal
Protein	8	4	g
Carbohydrate	25	12	g
Total Sugar	24	12	g
Lactose	8	4	
Fat	7	4	g
Saturated Fat	4	2	g

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# Lemon Tea



## Nutritional Information Panel

	Per serving	Per 100ml	Unit
Energy	39	28	kcal
Protein	0	0	g
Carbohydrate	10	7	g
Total Sugar	10	7	g
Fat	0	0	g
Saturated Fat	0	0	g

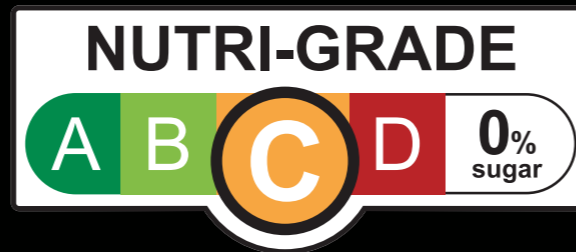
# Cappuccino (without sugar)



Nutritional Information Panel			
	Per serving	Per 100ml	Unit
Energy	65	59	kcal
Protein	3	3	g
Carbohydrate	4	4	g
Total Sugar	4	4	g
Lactose	4	4	g
Fat	4	3	g
Saturated Fat	2.3	2	g

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# Latte (without sugar)



Nutritional Information Panel			
	Per serving	Per 100ml	Unit
Energy	72	60	kcal
Protein	4	3	g
Carbohydrate	5	4	g
Total Sugar	5	4	g
Lactose	5	4	g
Fat	4	3	g
Saturated Fat	2.5	2	g

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